

GETTING READY FOR KINDERGARTEN!

SOCIAL-EMOTIONAL LEARNING



SEPARATES FROM CAREGIVER

- Separates from caregiver to another trusted adult

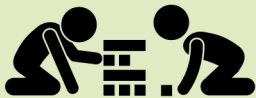
USES LANGUAGE EFFECTIVELY

- Converses
- Asks for help
- Asks permission



PLAYS WITH OTHERS

- Shares
- Takes turns
- Plays cooperatively with others



PERSONAL INFORMATION

- Knows first and last name
- Knows age
- Can name family member(s)



GETTING READY FOR KINDERGARTEN!

SOCIAL-EMOTIONAL LEARNING

BELLY BREATHING

Lessens anxiety - Encourages relaxation



- Pretend there is a balloon in your tummy. Breathe in slowly to make the balloon as large as you can.
- Hold it for 3 seconds.
- Let the air out as slowly as you can.

Practicing when calm supports successful use during stressful times.

GETTING READY FOR KINDERGARTEN!

FINE MOTOR SKILLS



TRACES SHAPES

- Circle
- Square
- Triangle
- Cross

STACKS UP TO 12 BLOCKS



CUTS WITH SCISSORS

- Straight line
- Curved line
- Simple pictures

WRITES NAME

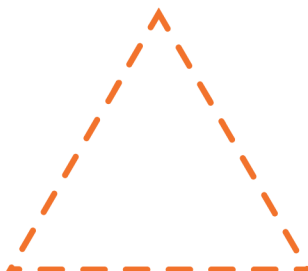
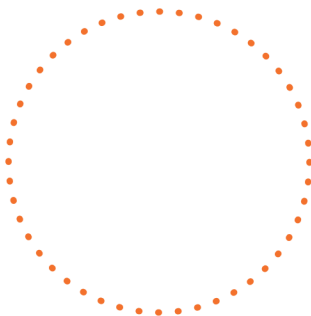
- Writes name or any letters in name
- Uses mature grasp (tripod or 2 fingers plus thumb) to write



GETTING READY FOR KINDERGARTEN!

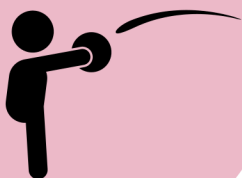
FINE MOTOR SKILLS

TRACE THESE SHAPES



GETTING READY FOR KINDERGARTEN!

GROSS MOTOR SKILLS



BALL SKILLS

- Catches a playground (8-inch) ball
- Throws a ball at a target 5-feet away
- Kicks a moving ball

STANDS ON 1-LEG

- Stands on 1 leg for 5-10 seconds
- Stands on other leg for 5-10 seconds



GALLOPS, SKIPS, HOPS

- Gallops for 10 feet
- Skips for 5-10 feet
- Hops on 1-leg for 5 feet
- Hops on opposite leg for 5 feet



WALKS ON A STRAIGHT LINE



GETTING READY FOR KINDERGARTEN!

GROSS MOTOR SKILLS

BALL SKILLS

Tape this to a wall about
5 feet away

Throw a soft ball (like a hackie
sack or ping pong ball) and try
to hit the circle!



GETTING READY FOR KINDERGARTEN!

LITERACY SKILLS



REMEMBERS DETAILS FROM STORIES

- Dog
- Ball
- Boy, girl
- Walked to store

LETTER RECOGNITION

- Recognizes some letters in the alphabet, especially in their own name



CAT
HAT

RHYMING WORDS

- Can tell if two words rhyme
- Can create a word that rhymes with another

SOUND RECOGNITION

- Recognizes initial sounds in simple words



GETTING READY FOR KINDERGARTEN!

LITERACY SKILLS

CONNECT THE RHYMING SOUNDS



hat



house



frog



dog



can



cat



mouse



pan

GETTING READY FOR KINDERGARTEN!

MATH SKILLS

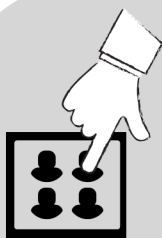
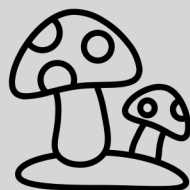


NUMBERS

- Counts in sequence 1-20
- Recognizes written numbers 1-10

COMPARES OBJECTS

- Biggest, smallest
- Taller, shorter
- Heavier, lighter
- Full, empty



QUANTITIES

- Sorts quantities
- Counts quantities using one number for each object
- Recognizes four objects in a group without counting

PATTERNS

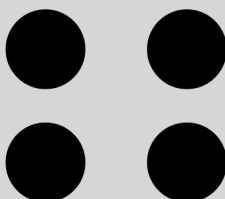
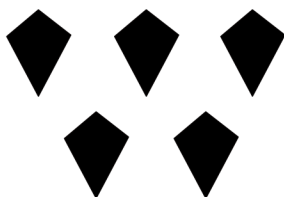
- Recognizes patterns (1,2,3,1,2,3,1,2,3)
- Repeats pattern (circle, square, triangle, circle, square, triangle....)



GETTING READY FOR KINDERGARTEN!

MATH SKILLS

WHICH IS MORE?



GETTING READY FOR KINDERGARTEN!

COMMUNICATION



FOLLOWS 2 OR 3-STEP DIRECTIONS

SPEAKS CLEARLY

- Can be understood by most people
- Speaks in 5-6 word sentences



UNDERSTANDS "W" QUESTIONS

- Who
- What
- Why

NAMES OBJECTS & THEIR FUNCTION

- Hanger
- Bed
- Umbrella
- Key



GETTING READY FOR KINDERGARTEN!

COMMUNICATION

CONVERSATION STARTERS

If you could be any animal, what would you be? Why?

What do you remember about being younger?

Tell me about your friends.

If you were mom/dad for a day, what would you do?

What magic power do you wish you have? What would you do with it?

Tell me the best thing that happened today.

SUPPORT THE CONVERSATION

Show interest

Rephrase and repeat

Ask open ended questions