

SOUTH DAKOTA
STATEWIDE FAMILY ENGAGEMENT CENTER



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Take & Make

KINETIC SAND



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Kinetic sand is great because it helps children build fine motor muscles and its texture is also soothing.

Try this at home:

- Use with plastic farm animals to increase language and imagination skills through storytelling.
- Squeeze, roll, and press to build pre writing muscles.
- Use with shape cookie cutters to practice shape identification.
- Feeling frazzled? A few minutes with kinetic sand is relaxing and helps balance strong emotions.

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