

SOUTH DAKOTA
STATEWIDE FAMILY ENGAGEMENT CENTER 

www.sdsfec.org

Take & Make

BUBBLES



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When we are sad, mad, angry, scared, or too excited, our brains stop hearing, seeing, thinking and learning. The brain needs help to reset. We can do that by blowing bubbles for our kids or letting them do it! Here are four ways to extend the fun:

- Count how many seconds it takes until the last one touches the ground.
- How many can you pop before the last one touches the ground?
- See who can blow the biggest bubble.
- Following instructions is a huge part of kindergarten. Challenge your child not to pop any on their way to the ground.

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